



Follow Me – Week 2 – The Goal

Spiritual Formation Guide

If your goal is to look more like Jesus every day, don't attempt to do it all at once. Rather, take small daily, intentional steps in the right direction and watch your relationship with him grow.

One day as Jesus was walking along the shore of the Sea of Galilee, he saw Simon and his brother Andrew throwing a net into the water, for they fished for a living. ¹⁷ Jesus called out to them, “**Come, follow me**, and I will show you how to fish for people!” ¹⁸ And they left their nets at once and followed him.

¹⁹ A little farther up the shore Jesus saw Zebedee's sons, James and John, in a boat repairing their nets. ²⁰ He called them at once, and they also followed him, leaving their father, Zebedee, in the boat with the hired men.

Mark 1:16-20

This foolish plan of God is wiser than the wisest of human plans, and God's weakness is stronger than the greatest of human strength. ²⁶ Remember, dear brothers and sisters, that few of you were wise in the world's eyes or powerful or wealthy when God called you. ²⁷ Instead, God chose things the world considers foolish in order to shame those who think they are wise. And he chose things that are powerless to shame those who are powerful. ²⁸ God chose things despised by the world, things counted as nothing at all, and used them to bring to nothing what the world considers important. ²⁹ As a result, no one can ever boast in the presence of God.

1 Corinthians 1:25-29

Come close to God, and God will come close to you.

James 4:8

Discussion Questions:

- Icebreaker: Where is one place that you've always wanted to go? What's one thing you want to do before you die?

- Think back to Sunday’s worship service - how did you sense God encouraging and challenging you (maybe through the songs, the message, Communion, seeing baptisms)?
- In the message, Jake shared a story about a moment when his grandfather invited him to be the navigator on a road trip – he felt empowered with that invitation. Is there a moment like that in your life where you felt called up? Share briefly.
- Have you ever sensed that type of invitation from Jesus? What do you remember about that moment?
- Read Matthew 1:16-20. Then, read 1 Corinthians 1:25-29. What do these 2 scripture passages show you about Jesus’ invitation to follow him?
- Jake shared about 3 simple things Jesus models for us that we can emulate:
 - Spend time with God
 - Serve others
 - Share about God
 - Which one comes easily to you? Which one challenges you most?
- Read James 4:8. How does that promise encourage you today?

Practices:

- Take a moment to be quiet, knowing that God is with you. Take some time to wonder a bit & write out answers to these questions.
 - Have you ever had a moment where you looked at your life and wondered, “How did I get here?”
 - Is there an aspect of your life today where you’re wondering that?
 - What do you want most?
 - Who do you want to be?
 - Take a moment to talk to God as honestly as you can about those questions.
- There are 3 simple practices Jesus modeled for us that were highlighted in the message. As you read each one, write down a practical thing you could do this week to grow. (Some of the suggestions from the message are listed, as ideas to get you started.)
 - Spend time with God
 - Set a reminder on your phone for a regular time to pause and be with God.
 - Is there a habit that you can cut back on to make more room for time with God?
 - Download the Bible app (youversion.com) and watch the story of the day or find a reading plan.
 - What else helps you connect with God?
 - Serve others
 - Is there someone you know who’s going through something difficult that you can encourage?
 - Do yardwork or something practical for a neighbor.
 - Say a prayer in the morning that God would show you one person to serve.

- What's one simple thing you can do to serve?
- Share about God
 - Who is one person that you want to share something with about God this week?
 - Say a simple prayer in the morning that God could give you the opportunity to share about him that day and then see how that prayer is answered.