



TRU\$T Week 3 – Enough Trust Spiritual Formation & Discussion Guide

We hope you'll use this guide to take the teaching from Sunday's service and reflect on it with a few friends or a group. If you have questions or want to talk more about how to take your next spiritual step, contact us at info@wschurch.org.

Scripture:

Yet true godliness with contentment is itself great wealth. ⁷ After all, we brought nothing with us when we came into the world, and we can't take anything with us when we leave it. ⁸ So if we have enough food and clothing, let us be content.

⁹ But people who long to be rich fall into temptation and are trapped by many foolish and harmful desires that plunge them into ruin and destruction. ¹⁰ For the love of money is the root of all kinds of evil. And some people, craving money, have wandered from the true faith and pierced themselves with many sorrows.

Teach those who are rich in this world not to be proud and not to trust in their money, which is so unreliable. Their trust should be in God, who richly gives us all we need for our enjoyment. ¹⁸ Tell them to use their money to do good. They should be rich in good works and generous to those in need, always being ready to share with others. ¹⁹ By doing this they will be storing up their treasure as a good foundation for the future so that they may experience true life.

1 Timothy 6:6-10, 17-19

Reflection Questions:

- If you were taking a trip and could only bring 1 extra thing besides clothes and essential toiletries, what would you choose?
- What stood out to you from Sunday's service? How did you sense God encouraging and challenging you through the songs, the message, and being with others as part of the church? (The message's main points and scripture are listed below if it helps you remember key moments from the teaching.)
- Read Paul's encouragement to Timothy, a younger church leader, in 1 Timothy 6:6-10, 17-19. Consider reading it in several translations of the Bible (NIV, CSB, NLT, etc.) What stands out to you in his words?
- Do you consider yourself rich? Why or why not?

- Chip shared that “rich” is more of a mindset than an income bracket. “Rich is better understood as an **honest self-admission**, an **acknowledgment** that we already have more than we need, rather than a label we put on someone else.” How does this challenge you?
- Re-read 1 Timothy 6:17. Do you tend to view money positively or negatively? How do you think God wants you to view the things he’s given you?
- Chip prompted us to take time for a simple gratitude practice. Take a moment wherever you are now to thank God for a few simple, tangible things around you:
 - Thank God for several things you see around you.
 - Thank God for something you can feel right now.
 - Thank God for the food you’ve tasted today.
 - Thank God for someone you have seen today.
 What happens inside of you as you offer a simple thank you?
- Re-read 1 Timothy 6:19. What do you think this “true life” looks like?
- What have you noticed happening in your heart as you hear and reflect on this teaching?
- Do you sense God prompting you to take a next step? If so, what is it? Who can you share it with this week?
- Take a moment to talk to God honestly about your response to this teaching. (Consider writing out a prayer or having silent time in a group where people can pray on their own first.) Then, take a moment to express your trust in God as you close your time of prayer.

Want some practical help with your financial health?

Go to www.wschurch.org/money to see a list of a wide variety of resources and tools.

Visit www.wschurch.org/resources to see additional tools and resources for spiritual growth.

Message Main Points and Scripture:

- 1 Timothy 6:9-10 - ⁹ People who want to be rich fall into temptation and a trap, into many foolish and dangerous lusts which drown people in devastation and destruction. ¹⁰ For the love of money is the root of all kinds of evil.
- 1 Timothy 6:6 - ⁶ If it’s gain you want, there is plenty to be had in godliness – if it’s combined with **contentment**.
- **You make the greatest gains by realizing you don’t need more.**
- 1 Timothy 6:17-19 - ¹⁷ What about people who are [already] rich in this present world? Tell them not to think of themselves too highly, and to set their hopes, not on something so uncertain as riches, but on the God who richly provides us with everything to enjoy.
- **Do you consider yourself “rich?”**
- **“Rich” is mindset, not an income bracket.**
- **“set [your] hopes, not on something so uncertain as riches, but on the God who richly provides us with everything to enjoy.”**
- **You can never have enough to protect yourself from every possible outcome.**
- **It is God who provides for us.**
- **True generosity grows not from the soil of CONTEMPT but from the soil of CONTENTMENT.**
- **The surest way to enjoy what you have is to thank God for it.**
- The **desire for more** and the **fear of not having enough** kill our enjoyment of what we already have. **Gratitude** and **contentment** restore it.
- 1 Timothy 6:18 - ¹⁸ They are to do good, to be **rich in good works**, generous and eager to share.”

- 1 Timothy 6:19 – “¹⁹That way, they will treasure up for themselves a good foundation for the future, and thereby come to possess the life which really is life.”
- John 10:10 – “I came that they may have life, and have it abundantly.”
- 1 Timothy 6:19 – “... a good foundation for **the future**... coming to possess **the life which really is life.**”